## **Are You Sleeping?**





## Movement

In a straight line, step forward, 2, 3, 4. Back, 2, 3, 4.

Take 4 steps to make your own circle to R; repeat to L.

Side, close 2x to R; repeat to L.

Ring bell to half note pulse. (pull, release, pull, release)

Perform movement in unison, then canon.

**French Text:** Frère Jacques, Frère Jacques, dormez-vous? Dormez-vous? Sonnez les matines! Sonnez les matines! Din, dan, don. Din, dan, don.

## **Literal English Translation:**

Brother John, Brother John, are you sleeping? Are you sleeping? Ring the morning bells! Ring the morning bells! Ding, ding, dong! Ding, ding, dong!